

Hospital Authority Central Commissioned Training Program  
Multidisciplinary Committee on Pain Medicine

**"Optimising Pain Management in the Elderly"**

**Programme**

**Workshop**

Venue: Seminar room 1 & 2, G/F, Centre for Health Protection (CHP),  
147C Argyle Street, Kowloon, Hong Kong  
Date: 16 or 17 February 2012 (Thurs or Fri) (2 identical full day workshop)  
Capacity: 40 participants (each workshop)  
Accreditation: CME/CNE/CPD pending for approval  
Registration: Required, please see below

Time	Topic	Speaker
0900 - 1230	<b>Assessment &amp; Measurement of Pain in the Elderly</b>	<b>Prof Stephen Gibson (Melbourne, Australia)</b>
1400 - 1700	<b>Management of Pain in the Elderly</b>	

Please email registration to:  
Lisa Lai Ho WONG, AHNHOCCUP CIII(OCCUP) <wlh342@ha.org.hk>  
(Deadline: 6 Feb 2012, Mon)

**Cluster:**

**Hospital:**

**Name:**

**e-learner ID:**

**Rank:**

**Date:** (please indicate your priority)

1) 16 Feb 2012, Thurs

2) 17 Feb 2012, Fri

Priority 1:

Priority 2:

Note: Confirmation will be sent to successful applicants  
Please call 2689 2425 for enquiries related to registration



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**Programme**

**Symposium**

Venue: Lecture theatre, G/F, Centre for Health Protection (CHP),  
147C Argyle Street, Kowloon, Hong Kong  
Date: 18 Feb 2012 (Sat)  
Capacity: 150 participants  
Accreditation: CME/CNE/CPD pending for approval  
Registration: Not required

Time	Topic	Speaker
0830 - 0845	<b>Registration</b>	
0845 - 0900	<b>Introduction</b>	<b>Dr P P Chen</b>
0900 - 0930	<b>Complexity of Pain in Elderly</b>	<b>Prof Stephen Gibson</b>
0930 - 1000	<b>Elderly Pain – an old or new problem</b>	<b>Dr Steven Wong</b>
1000 - 1030	<b>Assessment of Pain in Dementia</b>	<b>Prof Stephen Gibson</b>
1030 - 1045	<b>Q &amp; A</b>	
1045 - 1115	<b>Tea Break</b>	
1115 - 1145	<b>Occupational Therapy Intervention for Elderly Pain</b>	<b>Ms Peggy Hui</b>
1145 - 1215	<b>Elderly in pain-- how can Physiotherapy help?</b>	<b>Ms Winnie Yau</b>
1215 - 1245	<b>Pain Management in Residential Care</b>	<b>Prof Stephen Gibson</b>
1245 - 1300	<b>Q &amp; A</b>	

*Symposium supported by The Hong Kong Pain Society*

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16 - 18 February 2012

**Guest Speakers - Overseas**



**Professor Stephen J Gibson, BBSc.(Hons), PhD, MAPsS.**

Prof Gibson is the immediate past President of the Australian Pain Society and is an executive member of the International Association for the Study of Pain special interest group for pain in older persons. He has been involved in ageing research for over 20 years and is currently the Deputy Director of the National Aging Research Institute (NARI) and Director of Research at the Caulfield Pain Management and Research Centre, Australia.

Prof Gibson is a registered psychologist and holds the position of Professor within the Department of Medicine, University of Melbourne. He was awarded the 2006 Pfizer international visiting professorship in pain medicine and remains active in clinical practice via his involvement with multidisciplinary pain management centres. Prof Gibson has been a principal chief investigator on funding grants from the NHMRC since 1994 and has attracted competitive grants totalling more than \$10 million over his career. He has contributed to more than 150 peer-reviewed publications; is on the editorial board of several leading scientific journals and is a sought after speaker at international meetings. His current research interests include studies on pain assessment in persons with dementia, age differences in pain and its impacts, fMRI responses to pain, as well as the implementation of pain management guidelines into the residential aged care sector.

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**Guest Speakers – Hong Kong**

**Dr Steven Wong**

Dr Steven Wong is the Consultant Anaesthesiologist of the Department of Anaesthesiology, Queen Elizabeth Hospital. Dr Wong graduated from the University of Hong Kong, and has attained the Fellowships of the Hong Kong College of Anaesthesiologists, Australian and New Zealand College of Anaesthetists and the Hong Kong Academy of Medicine (Anaesthesiology); as well as the Diploma in Pain Management of the Hong Kong College of Anaesthesiologists. His main clinical interest lies in management of pain and in particular interventional pain management. He is the Head of the Pain Management Team of Queen Elizabeth Hospital. He is the Chairman of Board of Pain Medicine of the Hong Kong College of Anaesthesiologists. He is the Immediate Past President of the Society of Anaesthetists of Hong Kong and is currently the President of the Hong Kong Pain Society.

**Ms Winnie Yau**

Ms Winnie Yau is a Physiotherapist I, currently working in the Geriatric unit at Princess Margaret Hospital. She has over 10 years of work experience with the geriatric population in diverse settings included acute and tertiary elderly rehab, domiciliary and day care. She obtained her Physiotherapy training from the Hong Kong Polytechnic University. She continued her graduate study at the Chinese University of Hong Kong and received her Master in Clinical Gerontology in 2004.

**Ms Peggy Hui**

Ms Peggy Hui works as an Occupational Therapist in the United Christian Hospital of Hong Kong. She graduated from Hong Kong Polytechnic University in 1990 and was awarded Professional Diploma in Occupational Therapy. After that she obtained a Master of Science in Health Care in 2003. She has extensive rehabilitation experience in the area of Medical and Geriatric in taking care of patients with various complex medical conditions as well as elderly from inpatient to community-based setting. Ms Hui is Interested in exploring different treatment modalities and techniques like NDT, Health Qigong, etc to optimize patients' functional independence.



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